

CURRICULUM VITA

Gayle Reed, RN, PhD

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EDUCATION:

Doctor of Philosophy in Educational Psychology, May 2004
University of Wisconsin - Madison, Wisconsin, Educational Psychology

Masters of Science in Educational Psychology, December 1998
University of Wisconsin - Madison, Wisconsin, Educational Psychology

Bachelor of Science in Nursing, December 1978
University of Wisconsin - Madison, Wisconsin, School of Nursing

DOCTORAL DISSERTATION RESEARCH:

"A Forgiveness Intervention with Post-Relationship Psychologically Abused Women."

MASTERS THESIS RESEARCH:

"Forgiveness as a Function of Moral Agency in the Context of Infidelity and Divorce."

WORK AND RESEARCH ROLES:

Education: University of Wisconsin - Lecture development and presentation, power point presentation preparation, class website communications, grading, advising, supervising a teaching assistant, developing and teaching online courses with internet access. Students in these courses were both college-aged and adults. Content of courses is based on educational psychology, human development, and special needs students.

Research: University of Wisconsin - Research emphasis in PhD program and classes, participant recruitment, survey instrument selection and development, literature reviews, coordination of IRB protocols and compliance, participant interviews and interventions, data collection, data entry, data analysis with SPSS software, preparation of data for publication, presentations of data to professional groups.

Communications: International Forgiveness Institute - Workshop presentations with power point, press packets and press interviews, preparation for and facilitation of board meetings, online course development, data base development and maintenance, author recruitment and co-editing a periodical newsletter. Community outreach pamphlets.

Patient/Client Care: *Nursing Practice:* Voluntary Hospital Psychiatric Unit – patient assessment, patient care planning, patient education. *Psychological Practice:* Client and family assessment, support, forgiveness education, and outcome evaluation. Adult education of health professionals in the practice of forgiveness therapy.

PROFESSIONAL EMPLOYMENT:

July 2010 – present	Course Instructor and Revision Author for University Extension Course U315-301 “Human Abilities and Learning” Course U272-511 “Constructive Conflict Management”
January 2004 - Present	Gayle L. Reed, Forgiveness Recovery Programs, LLC Abuse and Trauma Treatment Professional Consulting, Collaboration, and Conferences
January 2013 - May 2013	Course Instructor for 321 Human Development in Adolescence University of Wisconsin - Madison
July 2012 - August 2012	Course Instructor for 320 Human Development in Infancy and Childhood University of Wisconsin - Madison
July 2010 – August 2010	Course Instructor for 321 Human Development in Adolescence University of Wisconsin - Madison, Wisconsin
June 1997 - August 2010	Course Instructor for University of Wisconsin Extension Course, U315-711 "The Psychology and Education of Forgiveness"
September 1997 - 2006	Graduate Researcher University of Wisconsin, Educational Psychology
September 2005	Revision of University of Wisconsin Extension Course, U315-711 "The Psychology and Education of Forgiveness"
August 2004 - June 2005	Course Instructor for 321 Human Development in Adolescence University of Wisconsin - Madison, Wisconsin
August 2003 - December 2003	Course Instructor for 331 Human Development in Childhood and Adolescence University of Wisconsin - Madison, Wisconsin
July 2003 - August 2003	Course Instructor for 321 Human Development in Adolescence University of Wisconsin - Madison, Wisconsin
August 1996 - August 2002	Communications Director: The International Forgiveness Institute Madison, WI
July 1999 - August 1999	Course Instructor for 321 Human Development in Adolescence University of Wisconsin - Madison, Wisconsin
June 1995 - June 1998	Course Instructor for University of Wisconsin Extension Course, U315-320 "Child Development"
August 1994 - August 1996	Teaching Assistant for 321 Human Development in Adolescence University of Wisconsin - Madison, Wisconsin
August 1995 - December 1995	Teaching Assistant for 320 Child Development University of Wisconsin - Madison, Wisconsin
August 1994 - December 1994	Teaching Assistant for 331 Human Development: Childhood through Adolescence

PUBLICATIONS:

Journal Articles

- Reed, G. L. & Enright, R. D. (2006). The Effects of Forgiveness Therapy on Depression, Anxiety, and Post-Traumatic Stress among Emotionally-Abused Women. *Journal of Consulting and Clinical Psychology*, 74, (5). 920-929.
- Robert Enright, Tomaz Erzar, Maria Gambaro, Mary Cate Komoski, Justin O'Boyle, Gayle Reed, Jacqueline Song, Mark Teslik, Brooke Wollner, Zhuo Yao, Lifan Yu. (2017). Proposing Forgiveness Therapy for Those in Prison: An Intervention Strategy For Reducing Anger and Promoting Psychological Health. *Journal of Forensic Psychology*
- Enright, R. D. & The Human Development Study Group. (1996). Counseling with the Forgiveness Triad. *Counseling and Values* 40, 107-126.

Book Chapter

- Rindfleisch, Adam J. & Reed, Gayle (2013). Healing through Forgiveness. In Rakel, D. (Ed.), ***Integrative Medicine, 3rd Edition***. Philadelphia, PA: Saunders.

Research Citations

- Reed, G. L. (1998). Forgiveness as a Function of Moral Agency in the Context of Infidelity and Divorce. Cited in: Rye, M.S., Pargament, K.I., Pan, W., Yingling, D.W., Shogren, K.A., & Ito, M. (2005). Can group interventions facilitate forgiveness of an ex-spouse? A randomized clinical trial. *Journal of Consulting and Clinical Psychology*, 73, 880-892.
- Reed, G. L. (1998). Forgiveness as a Function of Moral Agency in the Context of Infidelity and Divorce. Cited in: Enright, R. D. (2001-2011). *Forgiveness is a Choice*. Washington, D. C.: APA Books.
- Reed, G. L. (1998). Forgiveness as a Function of Moral Agency in the Context of Infidelity and Divorce. Cited in: Enright, R. D., & Fitzgibbons, R. P. (2000). *Helping Clients Forgive: An Empirical Guide for Resolving Anger and Restoring Hope*. Washington, D. C.: APA Books.
- Reed, G. L. (1998). Forgiveness as a Function of Moral Agency in the Context of Infidelity and Divorce. Cited in: Huang, S.T., and Enright, R. D. (2000). Forgiveness and Anger-Related Emotions in Taiwan: Implications for Therapy. *Psychotherapy* 37 (1), 71-79.
- Reed, G., and Enright, R, D, (2006) The effects of forgiveness therapy on depression, anxiety, and post-traumatic stress for women after spousal emotional abuse. *Journal of Consulting and Clinical Psychology*, 74, (5). 920-929. Cited in: Enright, R. D., & Fitzgibbons, R. P. (2015). *Forgiveness Therapy, An Empirical Guide for Resolving Anger and Restoring Hope*. Washington, D. C.: APA Books..

Conference Papers

- Reed, G. L. (2009) *Can Forgiveness Affect Negative Mental Health Outcomes of Abuse?* Nursing Network on Violence Against Women International: Miami, FL.
- Reed, G. L. (2006). *Forgiveness and Worldview: Empirical Perspectives after Spousal Emotional Abuse and Infidelity*. Christian Association for Psychological Studies: Cincinnati, OH.
- Reed, G., Ashleman, K., Hansen, M., Nousse, V., Marks, N., & Enright, R. D. (1999). *The Process of Forgiveness in Family Contexts*, Paper presented at the Association for Moral Education Conference, November 18-20, 1999: University of Minnesota, Minneapolis, MN.
- Enright, R.D. & Reed, G. L. (1995). *Forgiveness as a first step in the reduction of racism and violence*. Paper prepared for presentation at the UNESCO Conference on Racism and Violence: Stadtschlaining, Austria.

Sample of Minor Publications

- Reed, Gayle (1999). Research Summary: Forgiveness in the Context of Divorce and Infidelity. *The World of Forgiveness*, Vol. 3, No. 1, 21 - 23.
- Enright, R.D. & Reed, Gayle (1998). A Model of How People Forgive, *Vision*, Vol. 8, No. 9, 14-15.
- Reed, Gayle (1998). Book Review: Lewis Smedes' The Art of Forgiving. *The World of Forgiveness*, Vol. 4, No. 4, 12 - 15.
- Reed, Gayle (1997). Book Review: Patricia Raybon's My First White Friend. *The World of Forgiveness*, Vol.1, No. 2, 9 - 12.

PROFESSIONAL ASSOCIATIONS:

Christian Association for Psychological Studies

ARTICLE PEER REVIEWS

Child Development
Psychology and Health
International Journal of Psychology and Psychological Therapy
Journal for Adolescent Development

GRANTS

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| October 1998 | Humanitas Trust: Funding for the production and distribution of the <i>Interfaith Dialogue</i> issue of <i>The World of Forgiveness</i> by the International Forgiveness Institute. |
| November 1998 | Fred J. Peterson Foundation: Funding for the production and distribution of the <i>Interfaith Dialogue</i> issue of <i>The World of Forgiveness</i> by the International Forgiveness Institute. |
| October 1999 | Humanitas Trust: Funding for the Communication Director to produce and distribute <i>The World of Forgiveness</i> . |

FORGIVENESS WORKSHOPS AND CLINICAL INSERVICE PRESENTATIONS:

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| October 1997 | ELCA Greater Milwaukee Synod Convention: Milwaukee, Wisconsin
<i>Forgiveness and Peacemaking: Self, Other, and Community</i> |
| April 1998 | NCTI Spring Spiritual Formation Seminar (North Park Theological Seminary, Mundelein Seminary, Trinity Divinity School, Seabury-Western Theological Seminary, and Garrett Evangelical Seminary)
<i>Forgiveness: An Interface of Psychology and Spirituality</i> |
| October 1998 | Milwaukee Chapter of the International Forgiveness Institute
<i>Forgiveness and Psychological Health: Divorce a Special Case</i> |
| March 1999 | St Mary's Hospital Area Chaplain's Seminar
<i>What is Self-Forgiveness?</i> |
| May 1999 | Garrett Evangelical Seminary
<i>Forgiveness and Pastoral Counseling</i> |
| May 1999 | Center for Christian Counsel: Clinical Staff In-service
<i>Forgiveness in Therapeutic Practice</i> |

November 1999	Madison Area Technical College Psychology Class <i>The Empirical and Developmental Aspects of Forgiveness</i>
March 2000	Missouri Synod Pastoral Renewal Day <i>Forgiveness and Pastoral Care</i>
August 2000	St Clare Hospital - Nursing Staff In-service <i>Forgiveness and Psychological Health</i>
September 2001	InterVarsity Christian Fellowship International Headquarters Staff In-service - <i>The Psychology of Interpersonal Forgiveness</i>
January 2002	Mount Zion Lutheran Church Adult Forum <i>The Process and Benefits of Interpersonal Forgiveness</i>
October 2002	The Humanist Society Annual Convention <i>The Therapeutic Application of Forgiveness Education</i>
February 2003	CHRIPATA Home School Association <i>Forgiveness and Adolescence</i>
March 2004	Blackhawk Church: Stephen Ministry In-service <i>Barriers to the Process of Forgiveness</i>
April 2004	“Taking the Next Step” Professional Development Workshop <i>Forgiveness as a Developmental Aspect of School Counseling</i>
January 2005	Luther Memorial Church Adult Forum Series: Madison, Wisconsin <i>The Definition, Process, and Benefits of Forgiveness.</i>
April 2005	Marshfield Clinic Palliative Care Clinic <i>Forgiveness Interventions at the End of Life</i>
May 2005	InterVarsity Faculty Ministry Breakfast <i>Researching Forgiveness, Teaching Forgiveness, Living Forgiveness</i>
June 2005	The NBC Jane Pauley Show <i>The Power of Forgiveness</i>
October 2005	Manitowoc Community Forum <i>The Benefits of Interpersonal Forgiveness</i>
February 2006	Beloit College <i>Forgiveness and Peacemaking</i>
October 2006	Michigan Home-Based Family Support Association <i>The Application and Benefits of Forgiveness Therapy</i>
October 2006	Dartmouth-Hitchcock Medical Center <i>Forgiveness Therapy in Nursing Practice</i>
November 2006	Inter-Varsity International Headquarters <i>Forgiveness in the Workplace Part One</i>

November 2006	North Memorial Hospital "To Comfort Always" Palliative Care Conference <i>Forgiveness at the End of Life</i>
January 2007	Inter-Varsity International Headquarters <i>Forgiveness in the Workplace Part Two</i>
February 2007	Bethel Lutheran Church Retreat <i>The Power of Forgiveness: Loving Your Enemy</i>
March 2007	Ashland University <i>3-Day Seminar Series: Forgiveness in Politics, Clinical Practice, and Personal Life</i>
June 2007	Madison Urban Ministries <i>Forgiveness and Justice: Community Impact</i>
September 2007	Westminster Presbyterian Church <i>Forgiveness after Spousal Abuse</i>
October 2007	Veritas Forum at the University of Minnesota <i>The Power of Forgiveness: What is so Good about Loving My Enemy?</i>
October 2007	First United Methodist Church <i>The Power of Forgiveness: Psychology and Spiritual Practice</i>
November 2007	Veritas Forum at the University of Pennsylvania <i>Reconciliation in a Divided World: The Power of Forgiveness</i>
February 2008	United Church of Christ <i>The Power of Forgiveness: Love in Community</i>
September 2008	Grace Episcopal Church <i>The Power of Forgiveness: Emulating Christ by Loving My Enemy</i>
September 2008	Guest Lecture Nashotah House <i>Interpersonal Forgiveness in Pastoral Care</i>
October 2008	Covenant Presbyterian Church <i>Practicing Forgiveness in Community: 4-Week Series</i>
November 2008	First United Methodist Church <i>Practicing Forgiveness in Community: 4-Week Series</i>
March 2009	Saint Patrick's Catholic Church <i>Forgiveness: The Heart of the Gospel: 4-Week Series</i>
March 2009	Saint Maria Goretti Church <i>Forgiveness and Faith</i>
March 2009	University of Wisconsin Richland Center Extension <i>Love of Learning Community Class: The Power of Forgiveness</i>

May 2009	Lakeland College Guest Lecture <i>Helping Your Clients Forgive: An Empirically Supported Treatment</i>
October 2009	Nursing Network on Violence Against Women International <i>Can Forgiveness Affect Negative Mental Health Outcomes of Abuse?</i>
October 2009	University of Wisconsin Integrative Medicine <i>Forgiveness Therapy: Integrating Physical Health, Psychological Health, and Meaning</i>
October 2009	University of Wisconsin Law School <i>Guest Seminar on Forgiveness and Victim Offender Conferences</i>
December 2009	University of Wisconsin Chancellor's Scholars and Knapp Scholars Fireside Chats <i>Forgiveness, Moral Development, and Worldview</i>
January 2010	Christ Presbyterian Church <i>Forgiveness: The Hard Work and the Benefits – 3 week series</i>
February 2010	St. Luke's ELCA Lutheran Church <i>The Power of Forgiveness in Relationships and Community</i>
February 2010	University of Wisconsin – IV International Group <i>When Marriage Goes Bad – Forgiveness in Broken Relationships</i>
April 2010	Big Brothers and Big Sisters – United Way <i>Forgiveness and Working with Adolescents</i>
May 2010	Bethany Methodist Church <i>Forgiveness: The Foundation for Peace and Reconciliation</i>
September 2010	HospiceCare End-of Life Forum <i>Research: Benefits of Forgiveness at End-of-Life</i>
September 2010	Axiom Youth Retreat University of Illinois <i>Forgiveness and Faith</i>
October 2010	Pres House Retreat <i>Forgiveness and Faith</i>
January 2011	New College Madison <i>Social and Environmental Sustainability: Moral Development and Forgiveness as One Solution</i>
March 2011	Viterbo University, LaCrosse Wisconsin Parish Nurse Enrichment Day <i>Forgiveness Therapy and Trauma Recovery</i>
November 2011	Bethel Lutheran Church <i>The Gifts of Forgiveness</i>
April 2012	University of Wisconsin - Madison, InterVarsity Faculty Meeting <i>University Research, Human Development, and Virtue</i>

May 2012	University of Wisconsin - Madison, Knapp Scholars <i>Benefits of Forgiveness Research in the Academy</i>
October 2013	University of Wisconsin - Annual Conference on Childhood Sexual Abuse <i>The Power of Forgiveness: Helping Adult Survivors Forgive</i>
October 2013	University of Wisconsin Medical School CMA <i>Forgiveness and Patient Care</i>
June 2014	Paths to Healing Conference - Madison, WI <i>Forgiveness as a Survivor Strategy (for Adult Males of Childhood Sexual Abuse)</i>
August 2014	Immaculate Heart of Mary Teachers Fall Retreat <i>Faith and Developmentally Appropriate Forgiveness Education</i>
September 2014	Capital Lakes Retirement Center, Madison, WI <i>Forgiveness and Spirituality at the End of Life</i>
October 2014	National Alliance for the Mentally Ill, Madison, WI <i>Forgiveness in Context of Caring for the Chronically Mentally Ill</i>
November 2014 to March 2015	Capital Lakes Retirement Center - Madison, WI <i>Senior Forgiveness Process Weekly Reading Group</i>
February 2015 Retreat Day	St. Luke's Episcopal Church - Monona, WI <i>The Power of Forgiveness in Marriage - Renewal of Vows</i>
February 2015	Christ Presbyterian Church - Madison, WI <i>2-week Series- Seeing the Power of Forgiveness in the Cross of Christ</i>
March 2015	St. Luke's Episcopal Church - Monona, WI <i>5-week series: The Forgiving Life reading group</i>
July 2015	4W STREETS OF HOPE Research to Practice Forum <i>Forgiveness Therapy: an Evidenced-Based Practice for Treating the Trauma of Domestic Abuse and Sexual Exploitation</i>
August 2015	Columbia Correctional Institution, Portage Wisconsin <i>Assist Dr. Robert Enright in Forgiveness Workshops for Inmates</i>
August 2015 to Present	Collaborating for Research on Forgiveness Therapy in Prison Settings
September 2015	Park Glen Senior Apartments <i>Forgiveness: Meaning and Legacy in Aging</i>
April 2016	Columbia Correctional Institution, Portage Wisconsin <i>Forgiveness as Change for Victim Awareness Week</i>
September 2016	Janesville Peace Week <i>Forgiveness for Inner Peace and Community Peace</i>
October 2016	Wisconsin Chaplaincy Association <i>Forgiveness as Eternal Life</i>

October 2016	NASW Conference <i>The Benefits of Forgiveness Therapy: A Clinical and Developmental Approach to Healing</i>
October 2016	UW Stephens Point: Mental Health and Substance Abuse Recovery Training Conference <i>Forgiveness Therapy as an Evidenced-Based Treatment for Recovery</i>
November 2016	Mahoning County Juvenile Court Community Advisory Board, Youngstown Ohio <i>The Benefits of Forgiveness Therapy: A Clinical and Developmental Approach to Healing: Sowing the Seeds in our Youth</i>
February 2017	Prairie Unitarian Universalist Society, Madison, WI <i>Forgiveness: Choosing Virtue in Interpersonal Relationships</i>
March 2017	Bethel Lutheran Church Friendship Club, Madison, WI <i>Forgiveness and Spirituality in Times of Upheaval</i>
March 2017	Rainbow Hospice Care, Oconomowoc, WI <i>Forgiveness at the End of Life</i>
May 2017	NAMI Wisconsin Annual Conference, Madison, WI <i>The Benefits of Forgiveness Therapy: A Clinical and Developmental Approach to Healing</i>

CURRENT PROFESSIONAL VOLUNTEER WORK:

August 2009 to Present	Contributor to www.theraveproject.org for services to abused women
October 2009 to Present	Survivor Panel and Consultation at Domestic Abuse Intervention Services
1994 to Present	UW Forgiveness Research Team